

WELCOME TO ASCENSION

Join us for hospitality directly after Liturgy

Visit our Gift Shop

SUN	MAR 8	2ND SUNDAY OF THE GREAT FAST (2ND ALL SOULS) Heb1:10-2:3, Mk 2:1-12 9:45 Eastern Catholic Formation 9:45 <i>Adult Bible Study with Mike Bracelin</i> 11:00 Intention of Parishioners and + Rosemary "Posy" Jim by Dr. Michael and Linda Lechman 3:00pm Ecumenical Bible Study
Tus	Mar 10	8:30 HGB Lisa Branden by Fr. Alex Shuter After Bible Study with Coffee 6:00pm Advisory Board Meeting
Wed	Mar 11	8:30 +John Labanish by Fr. Alex Shuter After Moleben to the Theotokos -Special Intentions- for the Holy Father, all priest and Religious
Thu	Mar 12	8:30 +Michael Molnar by Eugene Kokinda
Fri	Mar 13	6:00pm <i>Liturgy of the Presanctified Gifts</i> For Our Parishioners and + Cecelia Kokinda by Eugene Kokinda
SUN	MAR 15	3RD SUNDAY OF THE GREAT FAST (3RD ALL SOULS) VENERATION OF THE CROSS Heb4:14-5:6, Mk 8:34-9:1 9:45 Eastern Catholic Formation 9:45 <i>Adult Bible Study with Mike Bracelin</i> 11:00 For Our Parishioners and + John Labanish by Professors Nancy Combs and Eric Kades 3:00pm Ecumenical Bible Study

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COMMITTEES

Trustees:	Mike Olson, David Efimetz
Bible Study with Coffee:	Linda Lechman
Liturgical/Church Website:	Don Merkely,
Men’s Club:	John Alexander,
Outreach/Cleaning:	Betty Mae Hertz
Property:	Father Alex
Publicity:	Mary Jean Sotack
Security:	Mike Olson
Secretary:	Ann Kelly
Youth:	Sasha Kusno

HOSPITALITY

Please see Bulletin Board at the entrance to St Phillip's Hall for schedule of Lectures, Financial Records and Hospitality.

Hospitality 3/8 Delores Clinton 3/15 Chris Noonan

FINANCIALS

Total Contributions for 02/23/20	\$1,345.67
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All believers are welcome Sundays at 3:00 pm for an ecumenical bible study. No preparation needed, come as you are and enjoy fellowship and discussion! Currently studying 1 Corinthians. Contact Sasha for details.

Enrollment for children's Eastern Catholic faith formation is still open. Ages 5-17. See Patty or Sasha.

Save the date! Easter Basket preparation and fun night on March 28 from 4-7pm. All children are welcome! Dinner will be server. RSVP to Sasha

All youth are invited to play dames weekly after church 12:40-1pm.
See Abigail to join in the fun !

CANDLE AND PRAYER INTENTIONS FOR MARCH

Sanctuary Lamp:	Health and God’s Blessing for the Margan Family Requested by Katarina Margan
Theotokos and Child:	Health and God’s Blessing June Ann Hall Requested by MaryAnn Drumtra
Christ the Teacher:	Health and God’s Blessing Patrick Alexander Requested by Lee and Kathy Alexander
Protection of the Theotokos:	Health and God’s Blessing and blessed Repose of the Souls Hampton and Fritz families Requested by Joe and Elaine Hampton

When receiving Holy Communion, closely approach Father Alex, tell him your first name, tilt your head back, widely open your mouth (no need to extend your tongue). Father Alex will say the prayer while dropping the Precious Species into your mouth with a spoon

The Men’s Club of Ascension of Our Lord Parish announces the 2020 Scholarship Program. Candidates for the scholarship must be registered and active members of the Parish and be between the ages of 17 and 28 years old. They must have been excepted or registered at an accredited college, university or trade school for the 2020- 2021 school term. For a complete list of guidelines and an application please contact Michael Lechman at 757-880-5093.
Strict deadline for all applications is June 28, 2020.
Scholarships winners will be announced later in the summer.

The COME AND SEE books that explain our Byzantine Catholic Faith will be available for purchase, in the back of the church and in the social hall, after Liturgy, \$5,00 per book

HAPPY MARCH BIRTHDAYS

2nd Myron Kotyk
2nd Josiah Cook
14th Vladimir Hunter
21st Seraphima Joan Collins
25th Dr. Ron Ruszkowski

MARCH EVENTS

Advisory Board Meeting
03/10 6:00 pm
Men’s Club beginning with Rosary
03/17 @6:00 pm
St Luke’s Icon Guild
03/15-16-17
Halupki making for Yard sale
03/28 @ 9:00 am

The Divine Liturgy of Presanctified Gifts will start on Friday, February 28th at 6:00 pm, A Simple Supper Will Follow. There Is A Sign-Up Sheet Located at The Back of The Church with All the Dates for The Suppers. Simply Chose A Date and Sign Your Name in The Date You Want. REMEMBER: The Supers Are To Be Very Simple: Soup or Rice and Beans, Bread or Crackers. Please: No Meat or Dairy!

If A Date Slot Is Not Filled There Will Not Be A Dinner on That Date

“Do not be anxious about anything, bat in everything, by prayer and petition, with thanksgiving, present your request to God”. Philippians 4:6

The possibilities of prayer are to be seen in its accomplishment in earthly matters. Prayer reaches to everything that concern people, whether it be the body, the mind or the soul.

Prayer takes in the needs of the body, such as food and clothes, and concern itself with business and finances – in fact everything that belong to this life, as well as those things that have to do with the eternal interests of the soul.

The achievements of prayer are seen not only in the large things but also in the small things.

Dear Lord, I thank You for Your hand in the important earthly matters, but also for Your presence in the little things of life. Amen.

Prayer for Strength

Father in Heaven, I am weary.
I am tired. My energy is sagging and my motivation is low.
Especially today, I need Your love to get my life back on track.
In Psalm 28:7 I read that You are my strength and my shield.
Please help me say no when I am tempted to surrender to the easy way.
Please help me say yes, to Your will and Your way.
Hear this prayer, oh Lord that I pray in Your holy name, Amen.

Prayer for Children

Father of us all, I commend these children (or this child) To Your care.
Be their God and Father and mercifully provide whatever I lack through my own frailty and weakness.
Give them the strength to overcome temptations and corruptions, and deliver them from the pressures, fears, anxieties and emotional upheavals that seem so omnipresent in their young lives.
Help them grow each day in knowledge and in reverence, faithfully serving You and learning how to walk every day in Your light
In this and all things I humbly pray in His holy name, Amen.

Miracle Prayer

Father I come to You through Your Son Jesus just as I am. I repent of my sins. In Your name, I forgive all others for what they have done against me. I renounce Satan, all evil spirits, and their works. I give my entire self to you Lord Jesus, now and forever. I invite you into my life Jesus. I accept you as my Lord, God, and Savior. Heal me, change me, strengthen me in body, soul, and spirit. Come Lord Jesus, cover me with your precious blood and fill me with your Holy Spirit. I ask you to go before me today and prepare the way in Jesus name. I thank you Jesus. I shall follow you every day of my life. Romans 10:9,10.
Now Jesus you live in me and I live in you. Amen. 1 John 5:12,13.